

Physical Education Subject Coverage Overview YrR - Yr4



| | Autumn | | Spring | | Summer | |
|--------|-------------|------------|----------|--------------|------------------------------|---------------------|
| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
| EYFS - | MULTISKILLS | YOGA | DANCE | FIRST PE | TENNIS | ATHLETICS |
| | FITNESS | GYMNASTICS | FOOTBALL | ENJOY A BALL | QUIDOOR ADVENTURE ACTIVITIES | INDOOR ATHLETICS |

Where year group plans are on a year A/B rotation please cross reference with skills progression sheets

NOTE: LKS2 drop one session of PE during their allocated swimming terms. They will complete 10x sessions during one term per class.

| Year A | | Autumn | | Spring | | Summer | |
|---|--|------------|-------------|------------|------------|--------------|------------------------------|
| | | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
| KS1 IG sports coaches x1 session in Y2 (Monday) FA Coach x 1 session | Session 1 | MULTISKILS | YOGA | DANCE | BALL GAMES | DODGEBALE | ATHLETICS |
| Y1 (Wednesday) | Session 2 | FITNESS | GYMNASTICS | BALLSKILLS | TENNIS | FOOTBALL | INDOOR ATHLETICS |
| LKS2 IG sports coaches x1 session in Y4 (Thursday) FA Coach x 1 session Y3 (Wednesday) | Session 1 1 x term of swimming per class | Swimming | | GYMNASTICS | ROUNDERS | KWIK CRICKET | ATHLETICS |
| | Session 2 | FITNESS | MULTISKILLS | YOGA | DANCE | NETBALL | OUTDOOR ADVENTURE ACTIVITIES |

| Year B | | Autumn | | Spr | ing | Summer | |
|---|--|-------------|------------|------------|-------------|------------|------------------------------|
| | | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
| KS1 IG sports coaches x1 session in Y2 (Monday) FA Coach x 1 session Y1 (Wednesday) | Session 1 | MULTISKILLS | YOGA | DANCE | BALL GAMES | DODGEBALL | ATHLETICS |
| | Session 2 | FITNESS | GYMNASTICS | BALLSKILLS | TENNIS | FOOTBALL | INDOOR ATHLETICS |
| LKS2 IG sports coaches x1 session in Y4 (Thursday) FA Coach x 1 session Y3 (Wednesday) | Session 1 | Swimming | | FOOTBALL | QUICKSTICKS | BASKETBALL | ATHLETICS |
| | Session 2 1 x term of swimming per class | MULTISKTILS | DANCE | GYMNASTICS | TAG RUGBY | TENNIS | OUTDOOR ADVENTURE ACTIVITIES |