

RSHE Policy

Vallis First school's PSHE provision develops confident citizens and successful learners who are creative, resourceful and able to identify and solve problems. The social and emotional development of children is embedded throughout the entire curriculum and culture in a safe learning environment.

We want our children to feel confident and well informed about the changes that adolescence brings and we ensure that Vallis children cover the statutory aspects of Science, Relationships and Health education as recommended by the DfE and all aspects of Personal, Social, Health Economic education.

Intent

We know there is a proven link between children's health and wellbeing and their academic progress. Crucial skills and positive attitudes developed through comprehensive PSHE and Relationship education are critical to ensuring children are effective learners.

We aim to ensure that:

- We develop children's self-esteem, confidence and self-awareness to make informed choices and decisions.
- We encourage and support the development of social skills and social awareness.
- We enable children to make sense of their own personal and social experiences.
- We promote responsible attitudes towards good physical and mental health, supported by a safe and healthy lifestyle.
- We support thoughtful relationships and develop a caring attitude towards others
- We help children understand and manage their feelings, build resilience and be independent, curious problem solvers.
- We help children understand how society works, the laws and rights and responsibilities involved.

Implementation

At Vallis we primarily use SCARF, a comprehensive scheme of work for PSHE and Wellbeing. It covers all of the DfE's new statutory requirements for Relationships Education and Health Education.

Weekly, timetabled lessons build upon prior learning and there is planned progression across the scheme of work so that children are increasingly and appropriately challenged as they move up through the school. The RSHE lead works with the teaching staff to ensure that all staff are equipped with the knowledge, skills and resources to deliver PSHE confidently.

In EYFS PSHE is taught through SCARF activities that are part of topics and the children's own play. Positive experiences are built through daily opportunities.

In KS1 and KS2 RSHE is divided in 6 themes:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe

- Rights and Responsibilities
- Being My Best
- Growing and Changing

Vallis children also access regular, supportive workshops through the SCARF Lifebus. We also support the Diana Awards anti-bullying programme and hold termly anti-bullying assemblies led by school ambassadors.

Assessment and Monitoring

We are currently trialling class floor books to show progression in the children's learning and allow children to reflect back on their own understanding and development in RSHE.

The RSHE lead – RSHE lead will stay informed about current developments and support colleagues with delivery.

Parental Concerns/Withdrawal of Children

Parents have the right to request that their children be withdrawn from some or all of non-statutory Sex Education, but not Relationships Education. They do not have the right to withdraw their children from those aspects of Sex Education that are taught in statutory National Curriculum Science and Health Education.

Parents are invited to review our resources and discuss any concerns with staff. Good communication and opportunities for parents to understand and ask questions about our school's approach help increase confidence in the curriculum.

Our school acknowledges different ethnic, religious and cultural attitudes, as well as recognising that pupils may come from a variety of family situations and home backgrounds. These different families are acknowledged through our teaching and use of resources that promote diversity and inclusion in Relationships Education.

The public sector equality duty, created under the Equality Act, requires schools and other public authorities to eliminate discrimination and advance equality in its everyday business, in the design of its policies and its curriculum. Schools have a legal responsibility for eliminating discrimination; to do this, schools are required to raise pupils' awareness of diversity and promote respectful relationships with those who are different to them. Our PSHE education acknowledges GLBP families and children who may identify as gay, lesbian, bi-sexual or pansexual through scenarios, in a sensitive, honest and balanced way.

Appendix

SCARF 'Creating A Safe Learning Environment'

Anti-bullying policy

Equality, Diversity & Inclusion