



Vallis First School

Intent, Implementation, Impact (3iii) statement

Subject:
PSHE

Subject Lead: Steph Rainford

Intent

We know there is a proven link between children's health and wellbeing and their academic progress. Crucial skills and positive attitudes developed through comprehensive PSHE and Relationship Education are critical to ensuring children are effective learners.

We aim to ensure that:

- We develop children's self-esteem, confidence and self-awareness to make informed choices and decisions.
- We encourage and support the development of social skills and social awareness.
- We enable children to make sense of their own personal and social experiences.
- We promote responsible attitudes towards good physical and mental health, supported by a safe and healthy lifestyle.
- We support thoughtful relationships and develop a caring attitude towards others
- We help children understand and manage their feelings, build resilience and be independent, curious problem solvers.
- We help children understand how society works, the laws and rights and responsibilities involved.

Implementation

At Vallis we primarily use SCARF, a comprehensive scheme of work for PSHE and Wellbeing. It covers all of the DfE's new statutory requirements for Relationships Education and Health Education.

Weekly timetabled lessons build upon prior learning and there is planned progression across the scheme of work so that children are increasingly and appropriately challenged as they move up through the school. Where Coram plans have been selected as part of a year A/B rolling programme teachers use the progression of skills documents to support learners from both year groups. Sometimes children may be taught in age specific groups for some themes e.g growing and changing for year 4s. The PSHE lead works with the teaching staff to ensure that all staff are equipped with the knowledge, skills and resources to deliver PSHE confidently.

Across the school PSHE is divided in 6 themes:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best

- Growing and Changing

Vallis children access regular, supportive workshops through the SCARF Lifebus. We also support the Diana Award's anti-bullying programme and hold termly anti-bullying assemblies led by school ambassadors. The Wellbeing Ambassadors take daily responsibility in class for growing a class culture of mindfulness.

Impact

The impact of a good PSHE education cannot be understated. Quite simply, it forms the preparation for adult life, enabling a child to understand and face the challenges, complexities and questions that arise in a diverse world.

The ability to recognise and develop good relationships, the reinforcement of positive mental and physical health, understanding how their body will change and grow, the development of respect and tolerance for all, an understanding of society and the role of the individual in a community – these are the skills that will equip our children for life.

We recognise and celebrate the importance of the child's voice, and their individual experience of PSHE education. Pupil voice, the feedback from the Wellbeing Ambassadors and lessons captured via floor books, will form the heart of how we measure the impact of our teaching.