



## Vallis First School

### Intent, Implementation, Impact (3iii) statement

<b>Subject: PE</b>	<b>Subject Lead: Jenny Collins (Rikki Holmes)</b>
<p><b><u>Intent</u></b></p> <p>We want children to develop a real love of PE at Vallis, be it in Games, Dance, Gymnastics and outdoor activities. Exercise improves overall health and fitness as well as helping cognitive development, gross motor skills and mental wellbeing. Our children will develop a wide variety of skills, experience exciting activities and have opportunities to perform and join in with team events and festivals.</p> <p>PE also builds friendships and teaches children to work together. We provide a high-quality physical education curriculum to inspire our children to succeed and excel in competitive sport and other physically demanding activities.</p>	
<p><b><u>Implementation</u></b></p> <p>Our curriculum is designed so that children are taught a variety of sports and activities. Their journey begins with outdoor play during the Early Years and then progressing through each key stage. Through this progression, children deepen their understanding of PE year on year by being introduced to specific vocabulary and skills. Our children are motivated through quality teaching that is engaging and fun. Children also have the opportunity to take part in extra-curricular activities and demonstrate their new skills and some enjoy the success of competitive sports.</p> <p>All our children are:</p> <ul style="list-style-type: none"><li>• Provided with opportunities to become physically confident in a way which supports their health and fitness.</li><li>• Given opportunities to play and develop their fine and gross motor skills.</li><li>• Have access to PE coaches that ensure that our children receive quality first provision in all year groups during PE lessons and during lunchtimes.</li><li>• Experience a progression of skills which enables pupils to build on and develop their skills each year for each area, with regular assessments.</li><li>• Have access to a variety of extracurricular activities such as after school clubs every day.</li><li>• Have the opportunity in the summer term to take part in a sports day.</li><li>• Children in year 3 participate in a swimming curriculum for three weeks a year and in year four for ten weeks a year.</li><li>• Children in Year four are invited to attend a residential trip where they undertake various outdoor activities such as climbing and archery.</li></ul>	
<p><b><u>Impact</u></b></p> <p>Children at Vallis will enjoy being physically confident. They will begin to learn to take responsibility for their own health and fitness, enjoy sports and they will grow up to live healthy and active lives, utilising the knowledge and skills acquired through PE.</p>	

