



VALLIS FIRST SCHOOL

Milk Street

Frome

Somerset

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www.vallisfirstschool.org

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Dear Parent/Carer,

Re: Coronavirus concerns

You are likely aware of the outbreak of coronavirus and the subsequent confirmed cases in the UK. We take the health and safety of our pupils and staff very seriously, so we're sharing guidance from Public Health England on steps you should be taking. There's currently no cause for concern at the school, but we'll keep you informed about any developments and ensure we're keeping the school clean to prevent the spread of any virus.

To help prevent the spread of infection - make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often - with soap and water for at least 20 seconds, or an alcohol based sanitiser if soap and water aren't available.
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home

If you're worried about your symptoms, please call NHS 111 - don't go directly to your GP or other healthcare environment. If you become unwell (see below for a list of symptoms) stay indoors and avoid contact with other people as you would with other flu viruses. Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention).

Symptoms to look out for:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

Teach young children how to wash their hands with the NHS handwashing song:

<https://www.youtube.com/watch?v=S9VjeIWLnEq>

Safeguarding is everyone's responsibility – Vallis First School is committed to safeguarding and promoting the welfare of our children and we expect all members of staff, volunteers and visitors to share this commitment.