

Edwards & Ward in partnership with Vallis First School

Child's Name:

Class:

Please circle or highlight your preference of meal

Meals cost £2.30/day

WEEK 1 - 03/09, 24/09, 15/10, 05/11, 26/11, 17/12

MONDAY

Sausage & Mash with Gravy
Shepherdess Pie (V)
Carrots & Peas

Strawberry Mouse
Fruit Wedges

TUESDAY

Lasagne with Garlic Bread
Golden Vegetable Rice (V)
Green Beans & Sweetcorn

Raspberry & Apple Cake & Custard
Fruit Wedges

WEDNESDAY

Roast Chicken & Roast Potatoes
Cheese & Onion Pinwheel (V)
Broccoli & Carrots

Strawberry Jelly with Pineapple Chunks
Fruit Wedges

THURSDAY

Cheese & Tomato Pizza
Vegetable Curry with Rice (V)
Green Beans & Sweetcorn

Peach Crumble & Custard
Fruit Wedges

FRIDAY

Fish Fingers, Chips & Tomato Sauce
Veggie Hot Dog with Chips & Sauce (V)
Baked Beans & Peas

Artic Roll
Fruit Wedges

WEEK 2 - 10/09, 01/10, 22/10, 12/11, 03/12

MONDAY

Macaroni Bolognese
Veggie Chow Mein (V)
Sweetcorn & Salad

Syrup Sponge & Custard
Fruit Wedges

TUESDAY

Hot Dog, Wedges & Tomato Sauce
Cheese & Broccoli Quiche (V)
BBQ Beans & Super Greens

Chocolate Brownie
Fruit Wedges

WEDNESDAY

Roast Beef & Roast Potatoes
Veggie Bolognese & Pasta (V)
Broccoli & Carrots

Orange Jelly with Mandarins
Fruit Wedges

THURSDAY

Cottage Pie
Ratatouille Pasta (V)
Green Beans & Sweetcorn

Peach & Pineapple Crumble & Custard
Fruit Wedges

FRIDAY

Battered Cod, Chips & Tomato Sauce
Cheese & Tomato Puff & Chips (V)
Baked Beans & Peas

Strawberry Trifle
Fruit Wedges

WEEK 3 - 17/09, 08/10, 29/10, 19/11, 10/12

MONDAY

Beefburger, Wedges & Tomato Sauce
Eggy Pie (V)
Peas & Salad

Apple & Pear Crumble & Custard
Fruit Wedges

TUESDAY

Spaghetti Bolognese
Quorn Paella (V)
Green Beans & Cauliflower

Flapjack
Fruit Wedges

WEDNESDAY

Roast Turkey & Roast Potatoes
Macaroni Cheese (V)
Cabbage & Carrots

Strawberry Jelly with Peach Slices
Fruit Wedges

THURSDAY

Chicken & Leek Pie with Mash
All Day Veggie Breakfast (V)
Broccoli & Baked Beans

Ginger & Pineapple Sponge & Custard
Fruit Wedges

FRIDAY

Breaded Fish, Chips & Tomato Sauce
French Bread Cheesy Pizza (V)
Peas & Sweetcorn

Vanilla Cookie
Fruit Wedges

**Edwards & Ward reserve the right to change the menu - Our theme days will be advertised on the Thursday Note
If your child has specific dietary needs please inform us**

For Office Use Only: