

**Edwards & Ward in partnership with Vallis First School**

**Child's Name**

**Class:**

**Please circle or highlight your preference of meal**

**Meals cost £2.30/day**

**WEEK 1 - 04/09/17, 25/09/17, 16/10/17, 13/11/17, 04/12/17, 08/01/18, 29/01/18**

**MONDAY**

Beef Burger in a Bap with Relish  
Cauliflower & Broccoli Gratin (V)  
Egg Mayonnaise Salad

Herby Diced Potatoes, Mixed Salad & Peas  
Ice Cream Tub  
Fruit Wedges/Yoghurt

**TUESDAY**

Roast Turkey  
Lentil Roast (V)  
Jacket Potato with Tuna

Roast Potatoes, Carrots & Green Beans  
Plum & Apple Pie with Custard  
Fruit Wedges/Yoghurt

**WEDNESDAY**

Cottage Pie  
Veggie Hot Dog (V)  
Cajun Chicken Wrap with Salad

Cabbage, Sweetcorn & Peppers  
Fruit Flapjack with Custard  
Fruit Wedges/Yoghurt

**THURSDAY**

Ham & Pineapple Pizza  
Veggie Ravioli with Tomato Sauce (V)  
Jacket Potato & Baked Beans

Ranch Potatoes, Broccoli, Peas & Carrots  
St Clements Sponge  
Fruit Wedges/Yoghurt

**FRIDAY**

Fish Fingers  
Vegetable Burrito (V)  
Gammon & Sweetcorn Pasta Salad

Chips, Baked Beans & Garden Peas  
Chocolate Beetroot Brownie  
Fruit Wedges/Yoghurt

**WEEK 2 - 11/09/17, 02/10/17, 30/10/17, 20/11/17, 11/12/17, 15/01/18, 05/02/18**

**MONDAY**

Beef Lasagne  
Veggie Bolognese (V)  
Jacket Potato with Cheese

Bread, Mixed Salad & Peas  
Banana Custard  
Fruit Wedges/Yoghurt

**TUESDAY**

Roast Pork with Gravy  
Wholemeal Cheddar & Red Onion Tart (V)  
Salmon Pasta Salad

Roast Potatoes, Cabbage & Carrots  
Strawberry Jelly & Peach Slice  
Fruit Wedges/Yoghurt

**WEDNESDAY**

Chicken Korma  
Sweet Potato & Lentil Curry (V)  
Jacket Potato with Baked Beans

Rice, Sweetcorn & Broccoli  
Peach Sponge & Custard  
Fruit Wedges/Yoghurt

**THURSDAY**

Italian Lamb Meatloaf with Tomato Sauce  
Vegetable Lasagne (V)  
Egg Mayonnaise Salad

Ranch Potatoes, Carrots & Green Beans  
Chocolate Krispie  
Fruit Wedges/Yoghurt

**FRIDAY**

Battered Fish  
Veggie Sausage Pizza (V)  
Tuna Salad

Chips, Peas or Baked Beans  
Fruity Crunch Crumble  
Fruit Wedges/Yoghurt

**WEEK 3 - 18/09/17, 09/10/17, 06/11/17, 27/11/17, 18/12/17, 22/01/18**

**MONDAY**

All Day Breakfast  
Veggie All Day Breakfast (V)  
Cheese Salad

Bread  
Chocolate Mousse  
Fruit Wedges/Yoghurt

**TUESDAY**

Chicken & Sweetcorn Pie  
Quorn Sweet 'n Sour with Noodles (V)  
Ham Salad with Jacket Potato

Mashed Potatoes, Carrots & Broccoli  
Apple & Pear Crumble with Custard  
Fruit Wedges/Yoghurt

**WEDNESDAY**

Beef Bolognese  
Falafel Wrap (V)  
Jacket Potato with Tuna Mayonnaise

Jacket Wedges, Pasta, Green Beans & Corn  
Aussie Crunch  
Fruit Wedges/Yoghurt

**THURSDAY**

Roast Gammon  
Country Bake (V)  
Jacket Potato with Egg Mayonnaise

Roast Potatoes, Cauliflower & Carrots  
Pineapple Upside Down Pud & Custard  
Fruit Wedges/Yoghurt

**FRIDAY**

Fish Fingers  
Creamy Fish Bake  
Cheese & Tomato Puff (V)

Chips, Corn, Peppers & Peas  
Oat & Sultana Cookie  
Fruit Wedges/Yoghurt

**Edwards & Ward reserve the right to change the menu - Our theme days will be advertised on the Thursday Note**

If your child has specific dietary needs please inform us

For Office Use Only: