



PE Long Term Plan

EYFS		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
		Children will learn to move safely in a space.	Children will explore different ways to travel using equipment.	Children will be able to control a ball in different ways.	Children will jump and land safely from a height.	Children will move safely with confidence and imagination, communicating ideas through movement.	Children will be able to play by the rules and develop coordination.

Year A		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
KS1	Year 1 and Year 2	Gym (Shape & Floor work) Multi skills	Dance (Toys) Invasion Games (Short)	Multi skills Circuits	Games Dance (Space)	Athletics Gym (Apparatus)	Circuits Dance (Medieval)
	Year 3 and Year 4	Football Yoga	Hockey Dodgeball	Netball Circuits	Basketball Dance	Athletics Gym	Tennis Wallbars



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Year B		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
KS1	Year 1	Gym (Floor work)	Circuits	Multi skills	Invasion games	Athletics	Circus Skills
	and Year 2	Multi skills	Invasion games	Dance	Gym (Apparatus)	Kenyan dance	Circuits
LKS2	Year 3	Hockey	Dance	Football	Basketball	Athletics	Rounders
	and Year 4	Yoga	Handball	Shuffle Ball	Gym (wall bars)	Volleyball	Skittleball