

#### **WEEK ONE**

Cleverchefs are committed to providing school food that excites. Our food is lovingly prepared by our talented team of chefs using the very best produce from around the British Isles. Our eggs will always be free-range, our chicken will always come from UK red tractor assured farms. Local fruit & veg and freshly baked bread every day. But here's the thing we are so committed to improving the meals we feed our young customers that we will always be as flexible as possible in changing dishes to suit certain tastes where possible.





Our commitment to food safety is of the utmost important to us, please make us aware of any allergies or food intolerances that your child may have.







Lupin

MU

Mustard

























Sulphur

**FIRST SCHOOL** 

Menns

#### MAIN DAY Dish





**SPUD** Bar

### SALAD Table

## MAIN pudding

## HEALTHY Dessert

**FRESH** 

# **MONDAY**

#### **CHICKEN FRIED RICE**

Chinese style chicken & egg rice with fresh veg. garden peas & sweet

#### **NOODLE** BOX

Stir fried mixed vegetables, noodles with a sweet soy dressing.

#### **OVEN BAKED WAFFLE FRIES**

Sensonal Ronsted Vegetables

**GARLIC** 

**FOCACCIA** 

**BREAD** 

Conraettes

#### **OVEN ROASTED** Inckets

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

D, F, E

**OVEN ROASTED** 

Inckets

## Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

## **CHOCOLATE**

Brownie **FRUIT** Natural Joghurt



#### **MEATBALL MARINARA**

**E**, **S**, **G** 

Meatballs cooked in a tangy homemade marinara sauce, served with penne.

#### **PASTA VEGANARA**

**E**, **S**, **G** 

Vegan meatballs cooked in a homemade marinara sauce served with penne.

Ronsted peppers & **AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

### Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**ORANGE CAKE** 

G. E

**FRUIT** Natural Joghurt Pots

D

D

**FRESH** 



#### **ROAST TURKEY**

G

Roasted British Turkey breast, chefs' stuffing & Turkey gravy.

#### **LENTIL & VEG BAKE**

G. S

Homemade lentil & roasted vegetable loaf, vegetable gravy.

**CRISPY ROAST POTATOES** 

Carrots & Pens

#### **OVEN ROASTED** Inckets

**D. F. E** 

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

## Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**APPLE** Crumble

G, E

With Custard

**FRESH FRUIT** Natural Joghurt Pots



**THURSDAY** 

**FRIDAY** 

#### **CHICKEN BURGER**

**G. D. S** 

Oven baked crispy chicken burger in a floured burger bun.

#### **MACARONI** BAKE

**G**, **D**, **S** 

Really cheesy pasta bake, topped with a cheese crumb.

#### **SEASONED WEDGES**

Sweet corn & pens

E, D

**SKIN ON** 

FRIĘS

garden

Pens

**Baked Beans** 

#### **OVEN ROASTED** Inckets

**AVAILABLE DAILY** Baked Beans **Grated Cheddar** Tuna Mayonnaise

D, F, E

#### Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

## **CORNFLAKE**

Sice

#### **FRESH FRUIT** Natural Joghurt Pots

D

**FRESH** 



COD Oven baked fillet of fish with a wedge of lemon

& Heinz ketchup.

G. F

**CRISPY** 

#### **FILLED TACOS**

G, D

Roasted vegetables & bean ragu filled tacos, tomato & cheese.

G. D

## **OVEN ROASTED**

## Inckets

**AVAILABLE DAILY** Baked Beans **Grated Cheddar** Tuna Mayonnaise

D. F. E

#### Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

## **GOLDEN SYRUP** Spange

G, E

With Custard

**G.** D. E

**FRUIT** Natural Joghurt Pots

School Dates 09/01, 30/01

#### **CLEVERCHEFS** Creative Minds

#### WEEK TWO

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L

Lupin

MU

Mustard



Gluten Crustaceans











Eggs











Sulphur

FIRST SCHOOL



#### MAIN Dish





#### **SPUD** Bar

#### SALAD Table

## MAIN Pudding

## HEALTHY Dessert

# MONDAY

DAY

#### **CHICKEN** PIE

Creamy chicken & sweetcorn topped with a rough puff pastry.

#### **CAULIFLOWER** & LENTIL PIE

Roasted cauliflower with lentils in a rich sauce topped with pastry.

#### **FLUFFY MASHED POTATO**

Green benns

D

#### **OVEN ROASTED** Inckets

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

## Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**JAM** ROM With Custard

**FRESH FRUIT** 

Natural Joghurt Pots

**G. D. E. S. SU** 

## **TUESDAY**

#### **SPAGHETTI BOLOGNAISE**

**G. D. E** 

Ground British beef in a rich tomato & vegetable sauce.

#### **VEGGIE PASTA** BAKE

G. E

Courgette & red pepper served with pasta shells in a nut free pesto.

#### **GARLIC BAGUETTE BREAD**

sweet corn kernels & garden Pens

#### **OVEN ROASTED** Inckets

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

D, F, E

#### Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**BANANA** 

**FRESH FRUIT** 

Natural Joghurt Pots

D



#### **ROASTED** CHICKEN

Roasted British Chicken breast, chefs' stuffing & Turkey gravy.

G. C

#### **LENTIL & VEG BAKE**

**G. D. S** 

Homemade lentil & roasted vegetable loaf, vegetable gravy.

#### **CRISPY ROAST POTATOES**

Carrots & Broccoli

#### **OVEN ROASTED** Inckets

D. F. E

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

## Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

#### **CHOCOLATE** Monsse

G, E

**FRESH FRUIT** Natural Joghurt Pots

**THURSDAY** 

#### **SAUSAGE &** MASH

Oven baked premium sausages rich gravy.

#### **NOT SAUSAGE** & MASH

Vegetarian sausages served with a meat free gravy.

#### **FLUFFY MASH**

Saroy Cappage

Garden peas.

D

#### **OVEN ROASTED** Inckets

AVAILABLE DAILY Baked Beans **Grated Cheddar** Tuna Mayonnaise

#### Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

### **CARROT** Cake

**FRUIT** Natural Joghnot Pots

D

**FRESH** 

**FRESH** 

N Nuts SS

Peanuts Sesame Seeds

## FRIDAY

#### **FISH FINGERS**

**G. C. D. S. MU** 

Omega 3 fish fingers in a light bread crumb, oven baked:.

G, F

#### **SPRING** ROLLS

G, D, C, E, S, MU

Rainbow vegetable spring rolls with plum dip.

G. S. C. SS. MU

#### **FRIES** garden Pens

SKIN ON

**Baked Beans** 

#### **OVEN ROASTED** Inckets

**D**, **F**, **E** 

**AVAILABLE DAILY** Baked Beans **Grated Cheddar** Tuna Mayonnaise

D. F. E

## Freshly Prepared **Cucumber Sticks**

**Carrot Batons Sliced Peppers** Ripped Iceberg

## **CHOCOLATE CORNFLAKE** Cake

G, E, D

**FRUIT** Natural Joghurt Pots

D

**G. D. S** 

School Dates 16/01, 06/02

#### **CLEVERCHEFS** Creative Minds

#### **WEEK THREE**

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Nuts

N

Peanuts Sesame Seeds

P

SS

S SU

Soya

Sulphur

FIRST SCHOOL

DAY

**MONDAY** 

MAIN Dish MEAT Free

SIDE Dish **SPUD** Bar

SALAD Table

MAIN Pudding HEALTHY Dessert

**CHICKEN BURGER** 

Oven baked chicken breast in a floured burger bun.

**VEGGIE BURGER** 

Oven baked veggie burger in a floured burger bun.

**SEASONED WEDGES** 

Carrots garden Pens **OVEN ROASTED** Inckets

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**HOMEMADE** Cookies

G. D

Natural Joghurt Pots

D

**FRESH** 

**FRUIT** 

**WOOD-FIRED PIZZA** 

G, D, E, MU

tangy tomato pizza sauce topped with pepperoni & cheese. **MARGARITA** PIZZA

G. E. SS

Wood-fired pizza base with simple cheese & tomato topping.

**SMOKY PAPRIKA POTATOES** 

Sweet corn Baked Beans **OVEN ROASTED** Inckets

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonnaise

D. F. E

Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

CHFFS' Short brend **FRESH FRUIT** 

Natural Joghurt Pots D

WEDNESDAY

**TUESDAY** 

**CHILLI CON CARNE** 

G, D

Gently spiced Mexican chilli, fragrant rice, nachos.

**ENCHILADAS VEGETARIAN** 

G. D

Corn tortilla wrapped vegetables covered with a light tomato sauce & melted cheese.

G. D. C

MINI **PARMENTIER POTATOES** 

D

Green Beans & Carrots

**OVEN ROASTED** Inckets

D, F, E

**AVAILABLE DAILY Baked Beans Grated Cheddar** Tuna Mayonaise

Freshly Prepared

**Cucumber Sticks Carrot Battons Sliced Peppers** Ripped Iceberg

**HOMEMADE FLAPJACK** 

G

**FRUIT** Natural Joghurt Pots

**FRESH** 

**THURSDAY** 

**CHICKEN PASTA BAKE** 

Baked penne pasta in a creamy cheese sauce with bacon bits.

**MACARONI** BAKE

Really cheesy pasta bake, topped with a cheese crumb.

**GARLIC BREAD** 

Carrots & Solno

**OVEN ROASTED** Inckets

**AVAILABLE DAILY** Baked Beans Grated Cheddar Tuna Mayonnaise

Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**ARCTIC** ROW

**G**, **D**, **S**, **E** 

**G. D. E. S** 

**FRESH FRUIT** Natural Joghnot Pots

FRIDAY

**CRISPY** FISH

D, G

Oven baked coated cod loin, oven baked fries, wedge of lemon.

G, F

**VEGETABLE BIRYANI** 

D, G

Mixed vegetables with long grain rice and a gentle spice.

D

**SKIN ON FRIES** garden

**Baked Beans** 

Pens

G

**OVEN ROASTED** Inckets

D, F, E

**AVAILABLE DAILY** Baked Beans **Grated Cheddar** Tuna Mayonnaise

D. F. E

Freshly Prepared

**Cucumber Sticks Carrot Batons Sliced Peppers** Ripped Iceberg

**PINEAPPLE UPSIDE DOWN** Cake

**FRESH FRUIT** Natural Joghurt Pots

D

School Dates 02/01, 23/01

D