



## PE Long Term Plan

EYFS		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
		Children will learn to move safely in a space.	Children will explore different ways to travel using equipment.	Children will be able to control a ball in different ways.	Children will jump and land safely from a height.	Children will move safely with confidence and imagination, communicating ideas through movement.	Children will be able to play by the rules and develop coordination.

Year A		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
KS1	Year 1 and Year 2	Gym (Shape & Floor work) Multi skills	Dance (Toys) Invasion Games (Short)	Multi skills Circuits	Gym (Apparatus)	Athletics Invasion Games	Athletics Dance (Medieval)
	Year 3 and Year 4	Football Yoga	Hockey Dodgeball	Netball Circuits	Basketball Dance	Athletics Gym	Tennis Wallbars



# PE Long Term Plan

Year B		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 Sports Day
KS1	Year 1 and Year 2	Gym Multi skills	Circuits Invasion games	Multi skills Dance	Invasion games Gym	Athletics Kenyan dance	Circus Skills Circuits
	Year 3 and Year 4	Hockey Yoga	Dance Handball	Football Shuffle Ball	Basketball Gym (wall bars)	Athletics Volleyball	Rounders Skittleball