Week One FRIDAY MONDAY TUESDAY WEDNESDAY THURSDAY **HUNTERS CHICKEN** MINCED BEEF & **ROAST GAMMON CHICKEN BURGER CRISPY COD** Roasted British ham joint, Oven baked chicken breast Oven baked fillet of fish BBQ smothered chicken **POTATO PIE** served with a gravy in a burger bun with a wedge of lemon & breast, bacon and melted Minced beef & potato pie Main Event ketchup Cheddar cheese. with a puff pastry top. D GE&F D, E, C, L, MU, SS, S, SU & G D, E, G & MU DδG **LOADED SKINS** QUORN MINCE & MAC & CHEESE **VEGGIE BURGER TACOS POTATO PIE** Crispy jacket skins, filled Cheese & macaroni pasta Vegetable burger served in Vegetable & bean ragu with mash and cheese Quorn Mince & potato pie, filled tacos, tomato and bake, topped with crispy a burger bun. Ment Free topped with a puff pastry. cheese. onions. DδG D D, E & G DδG D, E, C, L, MU, SS, S, SU & G **OVEN ROASTED NEW POTATOES ROAST CARROTS CRISPY POTATOES SEASONED WEDGES CHIPS GARDEN PEAS** PEAS & SWEETCORN **CABBAGE** PEAS & CARROTS **SWEETCORN** SIDES **BAKED BEANS OVEN ROASTED JACKET POTATOES** Available Daily - Baked beans | Tuna mayo | Cheese SPUD BAR **Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Carrot battons Carrot battons Carrot battons Carrot battons Carrot battons** Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg



Pasta salad of the day **Baked croutons**

DESSERT

CHOCOLATE BROWNIE E & G

PINEAPPLE UPSIDE **DOWN CAKE**

APPLE & PEAR **CRUMBLE CAKE** **LEMON DRIZZLE** CAKE

CHOCOLATE KRISPY CAKE

Plus a Selection of fresh fruit & natural yoghurt pots



Allergen key

C-Celery G-Gluten Cr-Crustaceans E-Eggs F- Fish L-Lupin D-Dairy Ms-Molluscs Mu-Mustard N-Nuts P-Peanuts SS-Sesame Seeds S-Soya Su-Sulphur dioxide



Week Two MONDAY FRIDAY TUESDAY WEDNESDAY THURSDAY **MAC' LASAGNE** CHICKEN KORMA **ROAST CHICKEN CUMBERLAND SAUSAGE** FISH CAKES Homemade lasagne Roasted chicken with a Cumberland sausages with Oven baked fish cakes & Mild fragrant chicken curry layered with macaroni thyme & parsley stuffing a rich gravy. tomato ketchup. served with brown rice. Main Event cheese & a seriously crispy and gravy cheese crust... D, E, & MU G D E, G & MU D, E, G **ROAST QUORN FILLET MAC 'N' CHEESE SPRING ROLLS VEGETABLE CURRY** NOT A TOAD IN THE HOLE Roasted Quorn fillet with a Mild fragrant veggie curry Mac 'n' cheese with strong Veggie sausages in a light Rainbow vegetable spring thyme & parsley stuffing served with brown rice. fluffy batter with a rich rolls with a plum dip mature Cheddar & a crispy Ment Free and gravy herb breadcrumb top. gravy D, G & MU G D, E, & G G, S & SU D **CAULIFLOWER CHEESE** PEAS & SWEETCORN **GARLIC FLAT BREAD FLUFFY MASH CHIPS CARROT BATTONS** CARROTS & GREEN BEANS **BROCCOLI GARDEN PEAS BROWN RICE CRISPY ROASTIES PEAS BAKED BEANS OVEN ROASTED JACKET POTATOES** Available Daily - Baked beans | Tuna mayo | Cheese SPUD BAR **Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Carrot battons Carrot battons Carrot battons Carrot batons Carrot battons** Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg Salad Bar Pasta salad of the day **Baked croutons Baked croutons Baked croutons Baked croutons Baked croutons**



DESSERT

JAM & COCONUT

SPONGE

E & G

Allergen key

BANANA CAKE



SHORTBREAD

Plus a Selection of fresh fruit & natural yoghurt pots



CHOCOLATE

BROWNIE

D, E & G

APPLE PIE

& CUSTARD

Week Three MONDAY FRIDAY TUESDAY WEDNESDAY THURSDAY CHICKEN CASSEROLE **COTTAGE PIE ROAST PORK** STICKY CHICKEN FISH FINGERS Classic British pie topped British roast pork loin & Sticky lemon chicken, Oven baked omega 3 fish Chicken & vegetables in a with fluffy mashed potato peppers, chunky onion in a fingers & tomato ketchup. rich gravy gravy Main Event sweet sauce. D, C, F, & G E, G & MU D & G **PASTA VEGARAMA MUSHROOM STROGANOFF** NOT COTTAGE PIE **VEGGIE SAUSAGES SWEET & SOUR VEGETABLES** Penne pasta in a rich Rich mushroom casserole Roasted quorn mince, in a Roasted veggie sausages Vegetable sweet & sour, baby corn & Chinese tomato & vegetable ragu with roasted vegetable finished with a twist of rich vegetable gravy Ment Free vegetables. with spinach lemon and cremé fraiche. topped with fluffy mashed gravy. potato D D, C, & E G, D & MU **MASHED POTATOES CARROTS ROAST POTATOES** SHREDDED CABBAGE **BAKED BEANS SWEETCORN SAVOY CABBAGE SWEETCORN PEAS CAULIFLOWER OVEN CHIPS PEAS CARROT AND SWEDE MASH** RICE **OVEN ROASTED JACKET POTATOES** Available Daily - Baked beans | Tuna mayo | Cheese SPIID BAR **Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Cucumber sticks Carrot battons Carrot battons Carrot battons Carrot battons Carrot battons** Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg Ripped iceberg Solad Bar Pasta salad of the day **Baked croutons Baked croutons Baked croutons Baked croutons Baked croutons**

DESSERT

HOMEMADE **COOKIES**

E & G

APPLE CRUMBLE. CUSTARD **ORANGE** CAKE

FLAPJACK

G

Plus a Selection of fresh fruit & natural yoghurt pots



Allergen key

LIME

CAKE

C-Celery G-Gluten Cr-Crustaceans E-Eggs F- Fish L-Lupin D-Dairy Ms-Molluscs Mu-Mustard N-Nuts P-Peanuts SS-Sesame Seeds S-Soya Su-Sulphur dioxide

