

Edwards & Ward in partnership with Vallis First School

Child's Name:

Class:

Please circle or highlight your preference of meal

Meals cost £2.30/day

WEEK 1 - 19/02/18, 12/03/18, 02/04/18, 23/04/18, 14/05/18, 04/06/18, 25/06/18, 16/07/18

MONDAY

Chicken Meatballs & Pasta
Cheesy Broccoli Pasta (V)

Cucumber & Tomato Salad
Fromage Frais
Fruit Wedges

TUESDAY

Shepherds Pie
Quorn Fillet with Gravy & Mash (V)

Peas & Carrots
Jam Sponge & Custard
Fruit Wedges

WEDNESDAY

Roast Chicken & Roast Potatoes
Veggie Biryani (V)

Cabbage & Sweetcorn
Yoghurt
Fruit Wedges

THURSDAY

Salmon & Sweetcorn Pizza
Cheese & Tomato Pizza (V)

Potato Salad & Coleslaw
Orange Jelly & Mandarins
Fruit Wedges

FRIDAY

Battered Fish
Veggie Hot Dog (V)

Chips, Peas or Baked Beans
Cherry & Apple Crumble & Custard
Fruit Wedges

WEEK 2 - 26/02/18, 19/03/18, 09/04/18, 30/04/18, 21/05/18, 11/06/18, 02/07/18, 23/07/18

MONDAY

Lamb Chilli with Mexican Rice
Spanish Omelette with Jacket Potato (V)

Courgette & Tomato Salad
Chocolate Custard & Pears
Fruit Wedges

TUESDAY

Cod in Parsley sauce & Wedges
Lentil Burger with Jacket Wedges (V)

Peas & House Salad
Vanilla Iced Shortcake
Fruit Wedges

WEDNESDAY

Roast Pork & Roast Potatoes
Quorn Paella (V)

Mashed Carrot & Swede & Broccoli
Fromage Frais
Fruit Wedges

THURSDAY

Beef Bolognese with Pasta
Macaroni Cheese (V)

Mixed Veggies & Baked Tomatoes
Strawberry Jelly & Pineapple Chunks
Fruit Wedges

FRIDAY

Fish Fingers
Spicy Vegetable Burrito (V)

Chips, Peas & Baked Beans
Fruit Sponge & Custard
Fruit Wedges

WEEK 3 - 12/02/18, 05/03/18, 26/03/18, 16/04/18, 07/05/18, 28/05/18, 18/06/18, 09/07/18

MONDAY

Lamb Pasta Bake
Veggie Bolognese with Pasta (V)

Green Beans & House Salad
Banana Custard
Fruit Wedges

TUESDAY

BBQ Chicken Breast
Cheese & Onion Quiche (V)

Herby Potatoes & Sweetcorn & Peppers
Apple Crumble with Custard
Fruit Wedges

WEDNESDAY

Roast Gammon & Roast Potatoes
Veggie Sausages (V)

Mixed Vegetables
Yoghurt
Fruit Wedges

THURSDAY

Cottage Pie
Mushroom Stroganoff (V)

Medley of Vegetables
Strawberry Jelly & Peach Slices
Fruit Wedges

FRIDAY

Fish Goujons
Cheese Pinwheels (V)

Chips, Baked Beans & Garden Peas
St Clements Sponge & Custard
Fruit Wedges

**Edwards & Ward reserve the right to change the menu - Our theme days will be advertised on the Thursday Note
If your child has specific dietary needs please inform us**

For Office Use Only: